**Importance Ranking Rory**

A picture containing logo

Description automatically generated

**Description**

These Icons are the data being displayed on the catchup page feeding in from the clients FitBit Live.

**Ranking**: 8 / 10

**Comments**: burnt calories not that important

Graphical user interface, application

Description automatically generated with medium confidence

**Description**

This graph displays the clients steps from the week with regard the goal set for them by their Trainer

**Ranking**: 6 / 10

**Comments**: good for about 50% of clients

Graphical user interface, application

Description automatically generated

**Description**

These are the clients goals set for the trainer by the client, these are used to show the trainer what the client wants

**Ranking**: 8 / 10

**Comments**: good reminder

Graphical user interface, text, application, chat or text message

Description automatically generated

**Description**

This area is used to input the trainers thoughts at the end of a catchup meeting, to serve as a reminder when they are on the manage page. The notes are visible on the manage page.

**Ranking**: 8 / 10

**Comments**: Good feature but could be more useful in the one page

Table

Description automatically generated

**Description**

This is the clients intake compared to the goals set by the trainer. The week icons on bottom show whether or not the client reached the target.

**Ranking**: 10 / 10

**Comments**: very important

Graphical user interface

Description automatically generated with medium confidence

**Description**

This shows the clients workout schedules, set by the trainer. The schedule also contains any feedback the client input at the end of a workout for the trainers viewing

**Ranking**: 7 / 10

**Comments**: very important to see clients feedback on sessions, but could be improved

Table

Description automatically generated with medium confidence

**Description**

This shows the clients personal best for any exercise they are improving with, the weight is input by the client

**Ranking**: 10 / 10

**Comments**: very important in terms of progression

Chart, line chart, scatter chart

Description automatically generated

**Description**

This graph displays the clients weight progression over their time with the personal trainer

**Ranking**: 10 / 10

**Comments**: very important in terms of progression

[Link to UI for Use](https://app.uizard.io/p/74877f9d)

**Client Side Importance – Rory**

Graphical user interface

Description automatically generated with medium confidence

**Description**

This displayed the name and date of the clients next workout

**Ranking**: 9 / 10

**Comments**: Important for all clients, keeps them on track

Icon

Description automatically generated

**Description**

This displays the clients daily steps for the day against the goal set by the Trainer feeding in from their fitbit

**Ranking**: 5 / 10

**Comments**: Important for half of clients, not relevant to all clients



**Description**

This displays the clients sleep ranking from the night before feeding in from their fitbit

**Ranking**: 8 / 10

**Comments**: Recovery is key to good performance

Icon

Description automatically generated

**Description**

This displays the clients live heart rate feeding in from their fitbit

**Ranking**: 5 / 10

**Comments**: Again, only important for half of clients

Graphical user interface, text, application

Description automatically generated

**Description**

This displays the clients current intake for the day, along with the macros of each meal

**Ranking**: 10 / 10

**Comments**: Very important when managing clients

Text

Description automatically generated with low confidence

**Description**

This displays the clients total calories for the day against the goal set for them by the trainer

**Ranking**: 10 / 10

**Comments**: Very important when managing clients

**Questionnaire - Rory**

**Is there any additional FitBit data you feel should be shown? Or widgets on the dashboard?**

No, only need whats there already.

**Are there any additional ways you feel the clients progression over time should be shown (graphs?)**

Be able to view all history of catchup meetings e.g. The catchup notes be stored within the positive or negative icon.

**Do you feel there is too much information on the catchup page?**

Yes potentially, not much need for calories burned

**Do you feel the catchup notes is a useful feature? Considering that you have to go to a different page to prepare your clients schedule.**

Could be more useful to have a client calender, where notes, lifts and comments can all be seen in one.